

SIMPLIFIED SEX EDUCATION UNIT

Good Touching and Bad Touching



**By
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Grade / Topic Level : Suitable for Child or Teen

Good Touching and Bad Touching

by

Dr. Peter Johnson



I get feelings inside my body.

Some feelings are good.

Some feelings are bad.



Good touching makes me feel happy.

Good touching makes me feel good inside.

Good touching makes me smile.



2

Bad touching can make me feel scared.

Bad touching can make me feel bad inside.

Bad touching can make me feel confused.



3

Use the words in the box to finish the sentences.

body	good	bad
happy	scared	confused

1. Some feelings are g_____.
2. I get feelings inside my b_____.
3. Good touching makes me feel h_____.
4. If somebody touches me and I don't like it, it is b___ touching.
5. Bad touching can make me feel s_____.
6. Bad touching can make me feel c_____.



**Write the letter T after the sentences that are True.
Write the letter F after the sentences which are not true.**

1. Some feelings are good and some are bad. _____

2. All feelings are bad. _____

3. If somebody touches me and I don't feel good, it is OK for me to be bad. _____



4. If somebody touches me and I feel bad, it is OK for me to yell and scream. _____

5. Good touching makes me feel scared. _____

6. Bad touching makes me smile. _____